


July 2024 The Suites

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Canada Day 1	2	3	4	5	6
	No Fitness 10:00 Quilting and Sewing Repairs (CO) 11:30 Canada Day BBQ (AUD) 7:00 Film: "Cool Runnings" (RR)	1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD1) 2:00 Hobby Room (CO) 2:00 Walking Club (CO) 2:00-4:00 DVD Library (T) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (RR)	9:00 Philately Group (CO) 10:15/11:00 Worship: Christine Park, Knox Presbyterian (AL/CL) 11:00 Arts & Crafts (CO) 2:30 C.V Linda Beck (AUD) 7:00 Film: "The Princess Bride" (RR)	Grand River Cruise Outing (C) 10:00 Creative Writing (CO) 2:15 Bible Discussion: "Christmas without Sleighbells" (RR) 4:15 Guided Meditation (GR) 7:00 Community Voices: Speaker: Sucheta Heble (RR)	9:30 News & Views (GR) 2:00-4:00 Listen to A Poem (RR) 7:00 Film: "Rain Man" (RR)	11:00 Women's Lives Discussion Group (RR) 2:00 Scrabble (GR) 2:00 Knit with Debbie (CO) 4:00 Open Art & Craft Studio (CO)
7	8	9	10	11	12	13
11:00 "Words of Life" with Rev. Brian Roe (AUD with Communion) 1:30 Catholic Communion (AUD) 2:00-4:00 Matinee Movies: "Mamma Mia! Here We Go Again" (RR) 2:00 Open Art & Craft Studio (CO) 3:30 Orchestra (AUD) 7:00 Open Writing Group (CO)	10:00 Quilting and Sewing Repairs (CO) 10:00 Spanish Group (GR) 2:00 Cards Group (CO) 3:30 Listen to a Story (RR) 4:00 Sing Along (CL) 7:00 Film: "Sully" (RR)	2:00 Christie Chorale (AUD1) 2:00 Hobby Room (CO) 2:00 Walking Club (CO) 2:00-4:00 DVD Library (T) 2:30 Catholic Mass (RR) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (RR) 7:30 RPC: Dan Farrell Trio (AUD)	9:00 Philately Group (CO) 10:15/11:00 Worship: Rev. Kevin Lee, Wychwood Davenport Presbyterian Church (AL/CL) 11:00 Arts & Crafts (CO) 7:00 Film: "The Joy Luck Club" (RR)	10:00 Writing Memories (CO) 2:15 Bible Discussion: "Christmas without Sleighbells" (RR) 4:15 Guided Meditation (GR) 7:00 Film: "The Magic Flute" (RR)	9:30 News & Views (GR) 3:00 Social Stand: Butter Tarts (RR) 7:00 Film: "My Cousin Vinny" (RR)	11:00 Amnesty Letter Writing Group (AUD) 1:00 Repair Café (AUD) 2:00 Knit with Debbie New (CO) 2:00 Scrabble (GR) 4:00 Open Art & Craft Studio (CO) 7:00 Film: "Four Wings and a Prayer" (RR)
14	15	16	17	18	19	20
10:45 Sunday Church: "Summer Excursion- "Trouble with Florence" with John Duyck (AUD) 1:30 Catholic Communion (AUD) 2:00-4:00 Matinee Movies: "An American in Paris" (RR) 2:00 Open Art & Craft Studio (CO) 3:30 Orchestra (AUD) 7:00 Open Writing Group (CO)	10:00 Quilting and Sewing Repairs (CO) 3:30 Listen to a Story (RR) 4:00 Sing Along (CL) 7:00 Film: "The Merchant of Venice (2004)" (RR)	10:30 Vision Disability Support Group (GR) 1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD1) 2:00 Walking Club (CO) 2:00 Hobby Room (CO) 2:00-4:00 DVD Library (T) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (RR)	9:00 Philately Group (CO) 10:15/11:00 Worship: Rev. Paul Feheley, St. Michael & Angels Anglican (AL/CL with Eucharist) 11:00 Arts & Crafts (CO) 1:30 BirthDay Lunch (RR) 4:30 Ping Pong (GR) 7:00 Film: "Shirley Valentine" (RR)	10:00 Creative Writing (CO) 2:15 Bible Discussion "Christmas without Sleighbells" (RR) 3:00 4th Floor Tea Party (4th FL) 4:15 Guided Meditation (GR) 7:00 Film: "Room of the Top" (RR)	9:30 News & Views (GR) 2:00-4:00 Listen to A Poem (RR) 7:30 RPC: Concerts in Care: Schmaltz & Pepper (AUD)	11:00 Women's Lives Discussion Group (RR) 2:00 Scrabble (GR) 2:00 Knit with Debbie New (CO) 4:00 Open Art & Craft Studio (CO)
21	22	23	24	25	26	27
11:00 Sunday Church: "3 Ancient Cities: "Rome, Ephesus, Jerusalem with John Duyck (AUD) 1:30 Catholic Communion (AUD) 2:00-4:00 Matinee Movies: "Funny Face" (RR) 2:00 Open Art & Craft Studio (CO) 3:30 Orchestra (AUD) 7:00 Open Writing Group (CO) 7:00 Hymn Sing-Along (RR)	10:00 Quilting and Sewing Repairs (CO) 10:00 Spanish Group (GR) 2:00 Cards Group (CO) 3:30 Listen to a Story (RR) 4:00 Sing Along (C/L) 7:00 N&H Film: "A Tuba to Cuba" (RR)	2:00 Christie Chorale (AUD1) 2:00 Walking Club (C) 2:00-4:00 DVD Library (T) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (RR) 7:30 RPC: Nat Beja & Taylor Marlin (AUD)	9:00 Philately Group (CO) 10:15/11:00 Worship: Camp Hope Kids (AL/CL) 11:00 Arts & Crafts (CO) 2:30 Milk Bag Too Mattress (AUD) 7:00 N&H Film: "Jane Goodall: The Hope" (RR)	10:00 Writing Memories (CO) 2:15 Bible Discussion "Christmas without Sleighbells" (AUD) 4:15 Guided Meditation (GR)	9:30 News & Views (GR) 11:00 Train your Brain Games (GR) 3:00 Social Stand: Mini Poutine (RR) 7:00 Indigenous Film: "From Caves to Cosmos" (RR)	2:00 Scrabble (GR) 2:00 Knit with Debbie New (CO) 4:00 Open Art & Craft Studio (CO) 7:00 Indigenous Film: "Nature to Nations" (RR)
28	29	30	31	Please note: All programs are subject to change at any time. For your convenience, program changes are noted on the elevator sheets & digital screen located by main reception, and on the lower level outside the Recreation Room.		<p style="text-align: center;">LEGEND</p> <p> RPC: Residents' Programme Committee CO: Club Office GR: Games Room Area RA: Reception EB: Events Binder (sign-up required) CL: Cedarvale Lounge T: Theatre C: Concierge RR: Recreation Room AUD: Auditorium IAG: Indigenous Awareness Group </p> <p style="text-align: right;">L: Library 10th Floor</p>
11:00 Sunday Church: "Olympia & Venice" with John Duyck (AUD) 1:30 Catholic Communion (AUD) 2:00-4:00 Matinee Movies: "Thoroughly Modern Millie" (RR) 2:00 Open Art & Craft Studio (CO) 3:30 Orchestra (AUD) 7:00 Open Writing Group (CO) 7:00 BBC Film: "The Private Life of a Masterpiece" (RR)	10:00 Quilting and Sewing Repairs (CO) 3:30 Listen to a Story (RR) 4:00 Sing Along (CL) 7:30 RPC: Cinders McLeod (AUD)	2:00 Christie Chorale (AUD) 2:00 Hobby Room (CO) 2:00 Walking Club (C) 2:30 Catholic Mass (RR) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (RR)	9:00 Philately Discussion Group (CO) 10:15/11:00 Worship: Rev. Lorraine Diaz, Timothy Eaton Memorial Church (AL/CL) 11:00 Arts & Crafts (CO) 1:30 Men's Group (RR) 2:30 Milk Bag Mattress (AUD) 4:30 Ping Pong (GR) 7:00 Film: "Howards End" (RR)			