






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY												
<div style="border: 2px solid red; padding: 5px; width: fit-content; margin: auto;"> <p>LEGEND</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">2L 2nd Floor Lounge</td> <td style="width: 50%;">CG Courtyard Garden</td> </tr> <tr> <td>AUD Auditorium</td> <td>CE Concierge Entrance</td> </tr> <tr> <td>SL Seaton Lounge</td> <td>CO Club Office</td> </tr> <tr> <td>CL Courtyard Lounge</td> <td>RA Reception Area</td> </tr> <tr> <td>AS Annex Studio</td> <td>RR Recreation Room</td> </tr> <tr> <td>GR Games Room</td> <td>T Theatre</td> </tr> </table> </div>			2L 2 nd Floor Lounge	CG Courtyard Garden	AUD Auditorium	CE Concierge Entrance	SL Seaton Lounge	CO Club Office	CL Courtyard Lounge	RA Reception Area	AS Annex Studio	RR Recreation Room	GR Games Room	T Theatre	<p>9:15 & 10:00 Level 2 Fitness 1 10:00 Writing Memories (CO) 10:30 Wednesday Worship with Pastor Lionel Skeete, Mount Dennis Baptist (CL) 10:45 Level 1 Fitness (AUD) 1:30 Art Class with Peter (CO) 2:00 – 4:00 Ping Pong (RR) 3:00 Residents' Programme Committee: You And Your Hearing (AUD) 4:00 Sing-A-Long (CL)</p>	<p>9:15 Level 4 Fitness (AUD) 2 10:15 & 11:00 Level 3 Fitness (AUD) 2:00 All You Need to Know About PRESTO (AUD) 2:00 Scrabble (GR) 2:30 (T) & 7:30 (AUD) Film Society : "The Impossible" 2:45 Coffee Hour Bible Discussion (RR)</p>	<p>8:00 – 12:00 Flu Vaccine Clinic (RR) 3 9:15 & 10:00 Level 2 Fitness (AUD) 10:45 Level 1 Fitness (AUD) 11:20 Stretch and Strengthen (AUD) 2:00 Spanish Group (CO) 2:00 French Club (GR) 7:30 Holly Sale Jewellery Preparation (CO)</p>	<p>10:00 – 1:00 Holly Sale (AUD) 4 12:00 – 2:00 Holly Luncheon (MDR) 1:30 Raffle Draw (RA) 7:30 Movie Upon Request: "Rob Roy" (AUD) </p>
2L 2 nd Floor Lounge	CG Courtyard Garden																	
AUD Auditorium	CE Concierge Entrance																	
SL Seaton Lounge	CO Club Office																	
CL Courtyard Lounge	RA Reception Area																	
AS Annex Studio	RR Recreation Room																	
GR Games Room	T Theatre																	
<p>11:00 Sunday Church: 5 "An Ancient Prayer for All Time" with chaplain John Duyck (AUD with Communion) 12:00 – 5:00 Ping Pong (RR) 2:00 Catholic Communion (AS) 2:00 TED Talk Series: "What is Deep Time?" (T) 2:45 Movie: "Denial" (CL)</p>	<p>9:15 & 10:00 Level 2 Fitness 6 (AUD) 10:00 Loblaws Shopping (RA) 10:45 Level 1 Fitness (AUD) 11:00 Computer Assistance 3:00 Residents' Programme Committee: Tost String Quartet (AUD) 3:30 Listen to a Story (GR) 4:00 Sing-A-Long (CL) 7:30 Carpet Bowling (RR) 7:30 Reformation Movie: "Luther" (AUD)</p>	<p>9:15 Level 4 Fitness (AUD) 7 10:00 Kitchen Tour (RA) 10:15 & 11:00 Level 3 Fitness (AUD) 11:15 A Fairer House (Poetry) (GR) 2:00 Christie Chorale Rehearsal (AUD) 3:00 Trivia & Iced Tea (CL) 7:30 Bridge (RR)</p>	<p>9:15 & 10:00 Level 2 Fitness 8 10:00 Creative Writing (CO) 10:30 Wednesday Worship with Pastor David Thomas, Blythwood Rd. Baptist (CL) 10:45 Level 1 Fitness (AUD) 1:00 Trip to the Royal Fair (RA) 1:30 Art Class with Peter (CO) 2:00 – 4:00 Ping Pong (RR) 4:00 Sing-A-Long (CL) 7:30 "The Danger Tree" with director John McGreevy (AUD)</p>	<p>9:15 Level 4 Fitness (AUD) 9 10:15 & 11:00 Level 3 Fitness 9 11:15 Life Stories (GR) 12:00 Menagerie of Knitting (Suite 910) 2:00 Scrabble (GR) 2:30 & 7:30 Movie Series: "Downton Abbey" (T) 2:45 Coffee Bible Discussion (RR) 4:15 Parkinson's Support Group (RR) 7:30 Joyce & George Present: "Music & Memories" (AUD)</p>	<p>10:30 Remembrance Day Service (AUD) 10  2:00 Spanish Group (CO) 2:00 French Club (GR) 2:00 Nintendo Wii Bowling (AUD) 3:30 Name That Tune (CL) 7:30 Play Reading: The Madwoman of Chailot (CO)</p>	<p>1:00 Art Studio (CO) 11 2:00 Amnesty Letter Writing Group (RR) 2:00 Scrabble (GR) 2:00 & 7:30 Film Society: "Remember" (AUD) </p>												
<p>11:00 Sunday Church: 12 500th Anniversary: The Reformation of the Western World – "Swiss Radicals" with chaplain John Duyck (AUD) 12:00 – 5:00 Ping Pong (RR) 2:00 Documentary: "The Swiss Reformation: Zwingli & Calvin" (T) 2:00 Catholic Communion (AS) 2:45 Movie: "Heritage Falls" (CO) 7:30 Evensong (AUD)</p>	<p>9:15 & 10:00 Level 2 Fitness 13 (AUD) 10:00 Loblaws Shopping (RA) 10:00 – 3:00 Dressing Room for Seniors (AUD) 10:30 Executive Meeting (CO) 10:45 Level 1 Fitness (RR) 1:30 Indigenous Awareness Meeting (GR) 2:00 Cards & Crafts (CO) (RR) 2:30 (T) & 7:30 Reformation Movie: "The Radicals" (AUD) 3:30 Listen to a Story (GR) 7:30 Carpet Bowling (RR)</p>	<p>9:15 Level 4 Fitness (AUD) 14 10:15 & 11:00 Level 3 Fitness (AUD) 11:00 Bridge Over Troubled Contracts (GR) 1:30 Centrepiece Workshop (CO) 2:00 Christie Chorale Rehearsal (AUD) 3:30 Hot Chocolate Stand & Social (RA) 7:30 Bridge (RR)</p>	<p>9:15 & 10:00 Level 2 Fitness 15 10:00 Writing Group Editing (CO) 10:30 Wednesday Worship with Canon David Brinton, Anglican Church (CL with Eucharist) 10:45 Level 1 Fitness (AUD) 1:30 Art Class with Peter (CO) 2:00 – 4:00 Ping Pong (RR) 3:00 Residents' Programme Committee: Ancient Egyptian Heroes (AUD) 4:00 Sing-A-Long (CL)</p>	<p>9:15 Level 4 Fitness (AUD) 16 10:15 & 11:00 Level 3 Fitness (AUD) 1:30 Birthday Lunch (MDR) 2:00 Scrabble (GR) 2:30 (T) & 7:30 (AUD) Comedy Movie: "A Royal Night Out" 2:45 Coffee Hour Bible Discussion (RR) 7:30 Readers' Choice Reading Group (2L)</p>	<p>9:15 & 10:00 Level 2 Fitness 17 (AUD) 10:45 Level 1 Fitness (AUD) 11:20 Stretch & Strengthen (AUD) 1:00 Watercolour Workshop with Royal St. George Boys (RR) 1:00 Nintendo Wii Bowling with Royal St. George's Boys (AUD) 2:00 Spanish Group (CO) 2:00 French Club (GR)</p>	<p>1:00 Art Studio (CO) 18 2:00 Scrabble (GR) 2:00 Opera Movie: "La Cenerentola" (AUD) 7:30 Movie: "Sense & Sensibility" (AUD) </p>												
<p>11:00 Sunday Church 19 with Rev. Brian Roe (AUD) 12:00 – 5:00 Ping Pong (RR) 2:00 Ted Talk Series: "Using Art History to Examine Modern Day" (T) 2:00 Catholic Communion (AS) 2:45 Movie: "Maudie" (CL)</p>	<p>9:15 & 10:00 Level 2 Fitness 20 (AUD) 10:00 Loblaws Shopping (RA) 10:45 Level 1 Fitness (AUD) 11:00 Computer Assistance 2:00 Residents Programme Committee: Violin & Piano Concert (AUD) 3:30 Listen to a Story (GR) 4:00 Sing-A-Long (CL) 7:30 Carpet Bowling (RR) 7:30 Reformation Movie: "God's Outlaw" (AUD)</p>	<p>9:15 Level 4 Fitness (AUD) 21 10:15 & 11:00 Level 3 Fitness (AUD) 11:15 A Fairer House (Poetry) (GR) 2:00 Christie Chorale Rehearsal (AUD) 2:00 Cooking Class with Aisela (SK) 7:30 Bridge (RR)</p>	<p>9:15 & 10:00 Level 2 Fitness 22 (AUD) 10:00 Writing Memories (CO) 10:30 Wednesday Worship with Rev. Paul Johansen, Knox Presbyterian (CL) 10:45 Level 1 Fitness (AUD) 1:30 Art Class with Peter (CO) 2:00 – 4:00 Ping Pong (RR) 3:00 Brain Health Lecture & Research Study with Dr. Adrian Owen (AUD) 4:00 Sing-A-Long (CL)</p>	<p>9:15 Level 4 Fitness (AUD) 23 10:15 & 11:00 Level 3 Fitness 11:15 Life Stories (GR) 12:00 Menagerie of Knitting (Suite 910) 2:00 Scrabble (GR) 2:00 Textile Museum Presents: "Grenfell Mats" & Sale (AUD) 2:30 (T) & 7:30 (AUD) Indigenous Movie Night: "Birth of a Family" 2:45 Coffee Hour Bible Discussion (RR)</p>	<p>9:15 & 10:00 Level 2 Fitness 24 (AUD) 10:45 Level 1 Fitness (AUD) 11:20 Stretch & Strengthen (AUD) 12:15 Get to the Core: Fitness Essentials (AUD) 2:00 Spanish Group (CO) 2:00 French Club (GR) 3:10 Environmental Film "The Eagle Huntress" (AUD) 7:30 Play Reading: Someday (CO)</p>	<p>1:00 Art Studio (CO) 25 2:00 Scrabble (GR) 2:00 & 7:30 Film Society: "Maudie" (AUD) </p>												
<p>11:00 Sunday Church: 26 500th Anniversary: The Reformation of the Western World – "England's Henry VIII, Cranmer & Wesley" with chaplain John Duyck (AUD) 12:00 – 5:00 Ping Pong (RR) 2:00 Ted Talks Series: "What's Happening to the Ocean?" (T) 2:00 Catholic Communion (AS) 2:45 Movie: "The Glass Castle" (CL)</p>	<p>9:15 & 10:00 Level 2 Fitness 27 (AUD) 10:00 Loblaws Shopping (RA) 10:45 Level 1 Fitness (RR) 2:00 Cards & Crafts (CO) (RR) 2:30 How to Prevent Fraud (AUD) 3:30 Listen to a Story (GR) 4:00 Sing-A-Long (CL) 7:30 Carpet Bowling (RR) 7:30 Documentary Night: "The Future of Work and Death" (AUD)</p>	<p>9:15 Level 4 Fitness (AUD) 28 10:15 & 11:00 Level 3 Fitness (AUD) 11:00 Bridge Over Troubled Contracts (GR) 11:15 Trip to the Mandarin (RA) 1:30 Centrepiece Workshop (CO) 2:00 – 4:30 Green Screen Photography (RR) 2:00 Christie Chorale Rehearsal (AUD) 7:30 Bridge (RR)</p>	<p>9:15 & 10:00 Level 2 Fitness 29 (AUD) 10:00 Writing Group Editing (CO) 10:30 Wednesday Worship with Rev. Brian Roe, United Brethren Church (CL) 10:45 Level 1 Fitness (AUD) 1:30 Art Class with Peter (CO) 1:30 Men's Discussion (AUD) 2:00 – 4:00 Ping Pong (RR) 2:30 Milkbags to Mattresses (AUD) 3:15 2nd Floor Tea Party (Café) 4:00 Sing-A-Long (CL)</p>	<p>9:15 Level 4 Fitness (AUD) 30 10:15 & 11:00 Level 3 Fitness (AUD) 2:00 Residents' Programme Committee: Woodwind Quintet Concert (AUD) 2:00 Scrabble (GR) 2:30 (T) & 7:30 (AUD) Film Society: "Worlds Apart" 2:45 Coffee Hour Bible Discussion (RR)</p>	