

October 2025 The Suites						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dog Therapy with Rizzo Every Wednesday at 11:00am outside the CAFÉ. Please note: All programs are subject to change at any time. See the daily elevator sheets for updates.	LEGEND RPC: Residents' Programme Committee CO: Club Office GR: Games Room Centre RA: Reception EB: Events Binder CL: Cedarvale Lounge T: Theatre C: Concierge RR: Recreation AL: Annex Lounge FC: Fitness AUD: Auditorium G: Gallery L: Library 10th Floor		Yom Kippur 1 10:15/11:00 Wednesday Worship: Chaplain John Duyck (AL /CL) 2:30 Linda Beck Presentation (AUD) 4:00 Dance Class (FC) 4:00 Ping Pong (GR) 7:00 Film: "Out of Africa" (RR)	2 10:00 Writing Memories (CO) 2:15 - Bible Discussion: "Jacob's Week-long Burial Procession" (RR) 3:30 Falls Prevention Educational Session (AUD) 4:15 Guided Meditation (GR) 7:00 Film: "Mrs. Brown" (RR)	3 9:30 News & Views (GR) 10:00-1:00 Intergenerational Classroom (RR) 1:30 SCAN! Meeting (AUD) 2:00 Painting Scarves (AUD) 3:00 Social Stand: Apple Cider (RR) 7:00 Film: "Mrs. Brown" (RR)	4 11:00 Women's Lives Discussion Group (RR) 2:00 Knit with Others (CO) 2:00 Scrabble (GR) 7:30 RPC: Andrew Scott Trio (AUD)
5	Sukkot6	7	8	9	Bake Sale10	11
10:30 Unitarian Group (RR) 11:00 Sunday Church – "When Life Gets Confusing: (IV) "Lean on Praying Friends" with chaplain John Duyck (AUD with Communion) 1:30 Catholic Communion (AUD) 2:00 Matinee Movies: "Four wings and a prayer" (RR) 2:00 Open Art & Craft Studio (CO)	10:00 Quilting and Sewing Repairs (CO) 2:00 Cards Group (CO) 2:00 Scrabble and Open Games (RR) 3:00 Listen to a Story (RR) 3:45 Sing Along (CL) 7:00 Film: "The Hours" (RR)	1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD) 2:00 Walking Club (C) 2:00-4:00 DVD Library (T) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (RR)	10:15/11:00 Wednesday Worship: Rev. Don Gibson, United Church (AL /CL) 4:00 Dance Class (FC) 4:00 Ping Pong (GR) 7:00 Film: "Yentl" (RR)	10:00 Creative Writing (CO) 10:00 Jumbo Knitting (AUD) 2:15 - Bible Discussion: "Thankful Hearts" (AUD) 4:15 Guided Meditation (GR) 7:00 Film: "Tess" (RR) 	9:30 News & Views (GR) 10:00-1:00 Intergenerational Classroom (RR) 2:00 Painting Scarves (AUD) 2:30 Parkinson's Support Group (CO) 3:00 Listen to a Poem (GR) 7:00 Film: "Under the Tuscan Sun" (RR)	11:00 Amnesty Letter Writing Group (AUD) 2:00 Knit with Others (CO) 2:00 Scrabble (GR) 4:00 Open Art & Craft Studio (CO) 7:00 Film: "Home for the Holidays" (RR)
12	Thanksgiving13	14	15	16	17	18
10:30 Unitarian Group (RR) 10:45 Sunday Church – "The Spirit of Thanksgiving" with Rev. Brian Roe (AUD) 1:30 Catholic Communion (AUD) 2:00 Open Art & Craft Studio (CO) 2:00 Matinee Movies: "Yes Man" (RR) 3:00 Orchestra (AUD)	10:00 Quilting and Sewing Repairs (CO) 2:00 Scrabble and Open Games (GR) 3:00 Listen to a Story (RR) 7:00 Film: "Planes, Trains and Automobiles" (RR) 	1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD) 2:00-4:00 DVD Library (T) 2:00 Walking Club (C) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (AUD) 7:30 Joy Macdonald Presentation: Hayden (RR)	9:00 Philately Group (CO) 10:15/11:00 Wednesday Worship: Rev. Stephen Fetter, Forest Hill United (AL/CL) 1:00 Birthday Lunch (MDR) 4:00 Dance Class (FR) 4:00 Ping Pong (GR) 6:30 Games Night (AUD) 7:30 Joy Macdonald Presentation: Hayden (RR)	10:00 Writing Memories (CO) 10:00 Jumbo Knitting (AUD) 2:15 Bible Discussion: "The 10 Commandments Today" (RR) 2:30 RPC:AGO Speaker: Julian Cox (AUD) 4:15 Guided Meditation (GR) 7:00 Film: "The Mission" (RR)	9:30 News & Views (GR) 10:00-1:00 Intergenerational Classroom (RR) 2:00 Painting Scarves (AUD) 7:30 RPC: Concerts in Care (AUD) 	11:00-2:00 Plant Sale (AUD) 11:00 Women's Lives Discussion Group (RR) 2:00 Scrabble (GR) 2:00 Knit with Others (CO) 4:00 Open Art & Craft Studio (CO) 7:00 Film: "Shakespeare in Love" (RR)
19	Diwali20	21	22	23	24	25
10:30 Unitarian Group (RR) 11:00 Sunday Church – When Life Gets Confusing: (V) "Receive Your Pardon" with chaplain John Duyck (AUD) 1:30 Catholic Communion (AUD) 2:00 Matinee Movies: "Calamity Jane" (RR) 3:00 Orchestra (AUD) 7:00 Hymn Sing-Along (RR)	10:00 Quilting and Sewing Repairs (CO) 10:00 Spanish Group (GR) 2:00 Scrabble and Open Games (GR) 2:00 Cards Group (CO) 3:00 Listen to a Story (RR) 3:00 Social Stand: Diwali (RR) 3:45 Sing Along (CL) 7:30 IAG Speaker: Max Ritts (A)	10:00 Visually Disabled Support Group (GR) 1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD) 2:00-4:00 DVD Library (T) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (RR)	9:00 Philately Group (CO) 9:30 Outing: McMichael Gallery (AL with Eucharist/CL) 10:15/11:00 Rev. Liska Stefko, Church of the Redeemer (AL with Eucharist/CL) 4:00 Dance Class (FR) 4:00 Ping Pong (GR) 7:00 Film: "My Favorite Year" (RR)	10:00 Creative Writing (CO) 10:00 Jumbo Knitting (AUD) 2:15 Bible Discussion: "10 C's: GOD! Beware!" (AUD) 3:00 9th Floor Tea Party (9th FL) (AUD) 4:15 Guided Meditation (GR) 7:30 RPC: Ken Whiteley, folk & blues (AUD)	9:30 News & Views (GR) 10:00-1:00 Intergenerational Classroom (RR) 10:00 Clothing Donation Drive (CO) 11:30 Outing: Ward's Island, Rivera Restaurant (RA) 2:00 Painting Scarves (AUD) 3:00 Listen to a Poem (GR) 7:00 Film: "Lilies of the Field" (RR)	10:00 Tree Transplant (C) 2:00 Scrabble (GR) 2:00 Knit with Others (CO) 4:00 Open Art & Craft Studio (CO) 7:00 Film: "Goodbye Mr. Chips" (RR)
26	27	28	29	30	Halloween31	
10:30 Unitarian Group (RR) 10:45 Sunday Church – "When Life Gets Confusing: (VI) "Let Jesus Walk You Thro' It" with chaplain John Duyck (AUD) 1:30 Catholic Communion (AUD) 2:00 Matinee Movie: "Showboat" (RR) 3:00 Orchestra (AUD) 7:00 Film: "Multum in Parvo: The Hidden World of Short Films" (RR) 7:00 Taize Meditation (AUD)	10:00 Quilting and Sewing Repairs (CO) 10:00 Spanish Group (GR) 1:30 The Gardening Club (RR) 2:00 Scrabble and Open Games (GR) 3:00 Listen to a Story (RR) 3:45 Sing Along (CL) 7:00 N&H Film: "Machu Picchu and the legacy of the Inca" (RR)	Pumpkin Carving Contest 1:30-4:00 Computer Help (EB) 2:00 Christie Chorale (AUD) 2:00-4:00 DVD Library (T) 2:00 Walking Club (C) 2:30 Catholic Mass (RR) 3:30 Poetry Group (L) 4:00 Learn Basic French (CO) 7:00 Bridge (RR)	9:00 Philately Group (CO) 10:15/11:00 Rev. Nick Renaud, Knox Presbyterian (AL/CL) 1:30 Residents Discussion Group (RR) 4:00 Dance Class (FR) 4:00 Ping Pong (GR) 7:00 Film: "The Pianist" (RR)	10:00 Writing Memories (CO) 10:00 Jumbo Knitting (AUD) 11:00 Mobile Clothing Store (AUD) 2:15 Bible Discussion: "10 C's: Everybody Worships Something" (AUD) 4:15 Guided Meditation (GR) 7:30 RPC: Anik Waldeck, Speaker (AUD)	Pumpkin Winner Announced 9:30 News & Views (GR) 10:00-1:00 Intergenerational Classroom (RR) 11:00 Train Your Brain (GR) 2:30 Halloween Party (AUD) 3:00 Listen to a Poem (GR) 7:00 Indigenous Awareness Film: "So Surreal Behind the Mask" (AUD)	